



Healthy Visions



Training & Education | Upcoming Seminars/Workshops | Stress Management | Anger Management

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Our Training
Our Education



Our Workshops
Our Seminars



Our Audio CD's
Our Subliminal CD's



Our Students
Our Classrooms

www.eslinger.net

CERTIFICATION IN CLINICAL HYPNOSIS THROUGH THE

American School of Clinical Hypnosis International

TRAINING TO PREPARE YOU AS A CONSULTING HYPNOTIST

- Discover How to use more of your natural mental abilities
- Learn how to hypnotize yourself and others
- Study the many fascinating aspects of hypnotism
- Hypnotic inductions and deepening techniques
- Hypnotic regression
- Hypnosis with children
- Weight loss
- Smoking cessation
- Weight reduction
- Pain management
- Preparing for surgery



American School of Clinical Hypnosis International

Training in Hypnotherapy
could change your life
in many positive ways.

With the general
public becoming more
mind/body aware, the
need for hypnotherapists
increases every year.

THE EXCITING WORLD OF HYPNOSIS

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The only program designed for Health Care Providers

Approved by the American Association of Nurse
Anesthetists and the ANCC for 40 CE credits

Code # 32686 Expires 4/16/2011

Certification Training Approved By
The National Guild of Hypnotists, INC.

CONSULTING HYPNOTISTS CERTIFICATION

Daily Schedule

Sunday	
8:00-10:00:	Lesson #1 - What is Hypnosis Review
10:00-10:20:	BREAK
10:20-12:00:	Lesson #2-Suggestibility & Your Clients
12:00-1:30:	LUNCH
1:30-3:00:	Lesson #3-Influences of Hypnosis, Lesson #4-Cautions of Hypnosis
3:00-3:10:	BREAK
3:10-6:00:	Lesson #5-History of Hypnosis, Lesson # 6- How to Hypnotize/practice
Monday	
8:00-10:00:	#7-Trance Depth
10:00-10:20:	BREAK
10:20-12:00:	Lesson # 8, #9, #10, #11-The Conscious and Unconscious Mind, Mechanical Aids, Additional Inductions
12:00-1:30:	LUNCH
1:30-3:00:	Lesson #12-Deepening Techniques Lesson #13-Miscellany
3:00-3:10:	BREAK
3:10-5:00:	Practice
Tuesday	
8:00-9:00:	Lesson #14-Anesthesia Management (video) Demonstrate Elman technique and glove anesthesia (Lessons #15, #16, #17, #18-Smoking, Weight and Stress on Wednesday)
9:00-10:00:	Lesson # 19, #20,#21,#22,#23-Behavioral Assessment, Goal Setting, Imagery Psychology and Hypnosis, Additional Hypnosis Techniques
10:00-10:20:	BREAK
10:20-12:00:	Continue Lesson # 19, #20, #21, #22, #23 - Behavioral Assessment, Goal Setting, Imagery Psychology and Hypnosis, Additional Hypnosis Techniques
12:00-1:30:	LUNCH
1:30-3:00:	Lesson #24-How to Create A Self Hypnosis Class
3:00-3:10:	BREAK
3:10-4:00:	Lesson #25-Hypnotic Regression (Lesson #26 Friday)
4:00-6:00:	Practice / Discussion

Daily Schedule

Wednesday	
8:00-10:00:	Lesson #27-Smoking Cessation
10:00-10:10:	BREAK
10:10-12:10:	Lesson #28-Weight Management
12:10-12:20:	BREAK
12:20-1:30:	Lesson #29-Stress Management
1:30-6:00:	LUNCH Practice and Independent Study
Thursday	
8:00-10:00:	Lesson #30-Preparing Patients for Surgery
10:00-10:20:	BREAK
10:20-12:00:	Lesson #31 - Pain Management With Hypnosis
12:00-1:30:	LUNCH
1:30-3:30:	Pain Management With Hypnosis Cont
3:30-6:00:	Practice
Friday	
8:00-10:00:	Lesson #32-Business Practices SBDC
10:00-10:15:	BREAK
10:15-12:00:	Lesson #33-Cancer and Hypnosis
12:00-1:30:	LUNCH
1:30-5:00:	Practice Q&A
5:00-6:00:	BREAK
6:00 - 10:00:	Clients
Saturday	
8:00-9:30:	Lesson #34-Childbirth With Hypnosis
9:00-9:40:	BREAK
9:40-11:40:	Lesson #35-Hypnosis For Children Review, Exam, Q&A
11:40-12:30:	Rap up
12:30-2:00:	
Graduate	
<i>Schedule Flights for 3:00pm or later.</i>	
This is a 100 hour certification through the National Guild of Hypnotists.	
Pre-course requirements and after-hours assignments complete the 100 hours of training.	
However it is approved for 40 CE credits by the AANA and the ANCC.	

HYPNOSIS CERTIFICATION—40 CE CREDITS COURSE DATES, LOCATIONS, AND INSTRUCTORS

OAK RIDGE, TN

Course Instructor: M. Ron Eslinger, CAPT US Navy Retired, RN, CRNA, APN, MA, CMI, BCH, FNCH
Dates: September 19-25, 2010
 January 23-29, 2011
 April 10-16, 2011
Course Location: Healthy Visions Wellness Center, 800 Oak Ridge Turnpike, Suite A-208, Oak Ridge, TN 37830
Hotel Accommodations: Jameson Inn, Phone: 1-865-483-6809, Rate Plan Code: SJOR
Airport: Knoxville (Code TYS)

Approved by American Association of Nurse Anesthetists Code # 32686 Expiration 4/16/2011 for 40 CE Credits

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved 40 CE Credits Code # 5-133-910

VIRGINIA BEACH, VA

Course Instructors: Mary von Posch, CH, CI and Pam Simmons, CH, CI
Dates: August 22-28, 2010
 October 24-30, 2010
 December 5-11, 2010
 February 20-26, 2011
 May 1-7, 2011
 June 19-25, 2011
Location: Hypnosis Center of Virginia (inside Labor of Love Total Healthcare) 349 Southport Circle, Suite 111, Virginia Beach, VA 23452
Hotel Accommodations: Hilton Garden Inn Virginia Beach Town Center, Phone: 1-757-326-6200, Rate Plan Code: 610 for August 2010; 611 for October 2010
Airport: Norfolk International (Code: ORF)

Approved by American Association of Nurse Anesthetists Code # 32950; Expiration 6/25/2011 for 40 CE Credits

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved 40 CE Credits Code # 5-133-1101

ORLANDO, FL

Course Instructor: Donald H. Patterson, CH, CI
Dates: November 7-13, 2010
 January 30—February 5, 2011
 July 10-16, 2011
Location: SpringHill Suites, 8601 Vineland Avenue, Orlando, Florida 32821
Hotel Accommodations: SpringHill Suites, Phone: 1-407-938-9001
Airport: Orlando International (Code MCO)

Approved by American Association of Nurse Anesthetists Code # 33082 Expiration 07/16/2011 for 40 CE Credits

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved 40 CE Credits Code # 5-133-1102

CERTIFICATION REGISTRATION FORM

Course You Are Attending:

Date: _____ **Location:** _____

Approved by American Association of Nurse Anesthetists Code # 32686 Expiration 4/16/2011 for 40 CE Credits

Healthy Visions is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (ANCC). Approved 40 CE Credits Code # 5-133

Clinical Hypnotist Certification ——— **\$1,595.00 if paid eight (8) weeks prior to course start date. \$1,795.00 after that date.**

(Please Print)

Name: _____

Address: _____

City: _____ **St:** _____ **Zip:** _____

Phone: _____

RN# _____ **AANA #** _____ **APN#** _____

***CRNAs please provide AANA# and RN#**

Email: _____

Payment Method Circle: Check: CC: Visa MC AMEX Discover

Credit Card Number: _____

Expiration Date: _____

Signature _____

Register on line or by mail to: Healthy Visions
800 Oak Ridge Turnpike, Suite A-208, Oak Ridge, TN 37830
By Phone: 865-220-0777, Toll Free 1-866-312-3159
on-line at www.eslinger.net, fax: 865-220-0270

REFUND POLICY: Refunds must be requested in writing and will be granted as follows: A \$100 cancellation and pre course materials fee will be charged. Special Circumstances will be considered for refund. Policy may vary according to type of credit card and time from registration to cancellation. Pre course materials become the property of the registrant.

MEET THE INSTRUCTORS



Ron Eslinger, CAPT US Navy Retired, RN, CRNA, APN, MA, CMI, BCH, FNCH, Certified Registered Nurse Anesthetist, is a Board Certified Hypnotherapist and Hypnotherapy Instructor through the National Guild of Hypnotists and Hypnotherapy Fellow through the National Council for Hypnotherapy (United Kingdom). He was nominated by the Department of the Navy to Represent the Department of Defense to the National Institutes of Health's Health Service's Committee on Complementary and Alternative Therapy (CAM). He received the Researcher of the Year award in 2003 presented by the National Guild of Hypnotists.

He completed Certification in Hypnotherapy in 1978 followed by continued education in advanced hypnotherapy with a list of renowned hypnotherapists. Among these were such greats as Harry Arrons, Louis McCoy, CRNA, Agustin Hernandez, Jr., CRNA, Dr. John Chavis, MD, Alphones Tatarunis, Ed.D, Larry Goldman, MD, Judy Lash, Psy.D, and Marc Oster, Psy.DE, Dr Michael Yapko and Dr. Joseph Barber, Belleruth Naparstek, and Larry Goldman He received his Certification in HypnoBirthing in 2000. Researcher of the Year 2003 and winner of the Ormond McGill Award for Best Presenter 2004. Order of the Braid 2005 and Educator of the Year 2008.

Ron is also a member of the American Association of Nurse Anesthetists, Tennessee Association of Nurse Anesthetists, the International Society of Clinical & Experimental Hypnosis, the Association of Clinical Hypnotists and the Holistic Nurses Association. He has served as past president of the Virginia Association of Nurse Anesthetists and Vice-President Tennessee Nurses Association District 2.

He is currently the owner of Healthy Visions Wellness Center, the American School of Clinical Hypnosis—Int., founder of the American Association of Moderate Sedation Nurses, Train the Trainer Master Hypnotists. He is internationally renowned as an author, speaker and teacher.



Mary von Posch is a Certified Hypnotist, and a Certified Instructor for the National Guild of Hypnotists. In addition she is a Nursing Hypnosis Educator for American School of Clinical Hypnosis International and Hypnosis Center of Virginia.

She holds a BS Degree in Organizational Management, and additional hypnosis certifications in Painless Childbirth from Omni Hypnosis Center, Pain Management and Weight Loss from Healthy Visions Wellness Center, and Hypno-Analysis. She is a practitioner of Neuro-Linguistic Programming (NLP).

Memberships: National Guild of Hypnotists (NGH), International Medical and Dental Hypnotherapy Association (IMDHA), and National Federation of Neuro-Linguistic Psychology (NFNLP).



Pam Simmons is a Certified Hypnotist through the National Guild of Hypnotists and The National Association of Transpersonal Hypnotherapists.

She is currently a Certified Instructor for the National Guild of Hypnotists, Nursing Hypnosis Educator through American School of Clinical Hypnosis – International and Hypnosis Trainer for Hypnosis Center of Virginia.

She has a Bachelor of Science Degree in Parapsychic Sciences and has advanced hypnosis training in Pain Management and Weight Loss, Hypno-Analysis and Stress Management .

She is a currently a member of The National Guild of Hypnotists (NGH), International Medical & Dental Hypnotherapy Association (IMDHA).



Donald Patterson is a graduate of Regents College and of Omni Hypnosis Training Center, He has also trained in Ericksonian hypnosis with Bennett/Stellar University. He is a Master Practitioner of Neuro-Linguistic Programming, and is a Certified Life Coach. Don holds a black belt in Taijutsu Karate. He is certified with: National Guild of Hypnotists, National Board of Hypnosis Education and Certification, International Medical and Dental Hypnotherapy Association, and Society of Neuro-Linguistic Programming

PRE-COURSE STUDY MATERIALS

Required Pre-Course Study

Official Consumers Guide to Hypnotism
My Method by Emile Coué
What is Hypnosis DVD
Radio Interview on CD
Total Relaxation CD
Articles Manual

Pre-Scripts for Study

Healthy Visions Induction Script
Magnetic Fingers Convincer Script
Lemon Convincer Script
Relaxing Breath Script
Self-Confidence Script
Emergence Script

WHAT GRADUATES TAKE HOME

- Membership National Guild of Hypnotists
- Consumer's Guide to Hypnosis Book
- Copyright Free Music CD
- Resource CD with 1000's of articles, scripts, research, and marketing ideas
- 40 AANA CEs
- 40 ANCC CEs
- Training manual for Medical Hypnosis
- 4- Session Smoking Cessation Program
- 4-Session Pain Management Program
- 4-session Weight Management Program
- Understanding Psychology Book
- Presentation and handout by the Small Business Development Center
- Student Training Manuals (Book 1 and Book 2)
- CDs & DVDs, Business Start-Up Portfolio
- Extra HVH Scripts
- Extra NGH scripts
- Pendulum & Chart.
- Certification from the National Guild of Hypnotists
- Personalized 11x14 Certificate
- Embossed Membership Card
- The Many Benefits of the NGH DVD
- Motivation for the New Hypnotists CD
- Interviews with renown Hypnotists
- Building a successful practice on CD
- Master marketing Part 1 DVD
- Master Marketing Part 2 DVD
- Mega-Marketing Book



WHAT GRADUATES SAY

- **Words cannot express—Wonderful!**
- This has been an excellent program. The best I have attended. It gave me every thing I needed plus reinforcement
- Magnificent—Unbelievable the same speaker could captivate an audience for seven days.
- I learned everything about hypnosis and feel confident that I can use it in my hospital and community.
- The course was a fabulous, eye-opening experience—I am so anxious to start putting this into practice.
- You put such life and reality into this course. You're fun to learn from and have made visioning hypnosis as part of my life. Thanks Ron
- Thanks for the most relaxing and informative meeting I have attended. I have gained a wealth of knowledge, made many new friends and experienced the practicum of a new tool that can be used to achieve a higher standard of care.
- I thought Ron Eslinger was one of the most impressive teachers I have ever met. Excellent selection of materials and resources. Really feel confident that I have the materials I need to actually implement hypnosis.
- This was the best seminar I attended in 23 years of anesthesia seminars. More exciting than the seminar with the Shark Dive. Forget CECs this will change your life! I think I was 20 years late to this seminar.

**REGISTER: On-Line, Phone, Fax, Mail, www.healthyvisions.net—
1-866-312-3159—Healthy Visions—800 Oak Ridge Turnpike,
Suite A-208, Oak Ridge, TN 37830**

TUITION:

**\$1795.00 regular tuition
\$1595.00 if paid 8 weeks prior to course date.**

Course Dates:

August 22-28, 2010-Virginia Beach, VA—Mary von Posch, CH, CI and Pam Simmons, CH, CI
September 19-25, 2010-Oak Ridge, TN—Ron Eslinger CAPT US Navy Retired, RN, CRNA, APN, MA, CMI, BCH, FNCH
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